



Fitness & Rehab Forum

— PRESENTS —

ADVANCED SHOULDER REHAB MASTERCLASS

2026

Master Assessment. Advance Rehab.
Return **Stronger**.



15TH & 16TH
AUGUST 2026



HOTEL SAVERA
CHENNAI

COMPREHENSIVE COVERAGE

- ✓ Advanced Shoulder Assessment
- ✓ Evidence-Based Rehabilitation
- ✓ Return to Function & Sport

- ▶ Adhesive Capsulitis
- ▶ Rotator Cuff Pathology
- ▶ Shoulder Dislocations
- ▶ Post-Op Care Principles
- ▶ Movement & Dyskinesia

WHAT TO EXPECT?



EVIDENCE-BASED
APPROACH



HANDS-ON
PRACTICALS



SPORTS &
POST-OP REHAB



CASE DISCUSSIONS
& REASONING



INTEGRATED
REHAB PLANNING

COURSE FEES



EARLY BIRD
(TILL 15TH JULY 2026)

₹5,500



REGULAR
REGISTRATION

₹6,500



SPOT
REGISTRATION

₹7,500

LIMITED TO

50

PARTICIPANTS

EARLY BIRD EXTEND TILL 15TH JULY
RESERVE YOUR SEAT TODAY!

KEY FACULTY



Earnest Vijay,
MSPT, COMT (Aus)

- Sports Physiotherapist
- Fitness & Rehab Director
- O2 Health Studio



Sravan Kumar,
MPT, MIAP

- Sports Physiotherapist
- Principal, College of Physiotherapy
- Nizam's Institute of Medical Sciences, Hyderabad



Ganesan K.,
MPT, MIAP

- Sports Physiotherapist
- Head - Clinical Operations & Administration
- Abhinav Futuristics Pvt Ltd, Bhubaneswar